

Animal Essences FAQ

Why use Shanti Kai™ Animal Essences?

How do Animal Essences Work?

Flower Essences have been used since the 1930's to help restore balance to the body's energy field. Shanti Kai™ Essences are unique in that they contain



carefully crafted blends of Hawaiian flowers and gemstones, drawing from an ingredient base of over 500 individual essences (also offered on our website). In Western Medicine, we attempt to heal at a symptomatic level or by eradicating disease through surgery or medications. Shanti Kai Essences are based on the “science of vibration” and seek to alter the subtle energy fields in the four bodies (physical, mental, emotional, and spiritual) so that they resonate according to their optimal health levels.

Our pets live in the environment we create for them, often experiencing the same stress that we do, and they can become energetically imbalanced the same way we do. Pet Essences offer a safe, gentle alternative for balancing stress. While you may see immediate benefits when using Shanti Kai™ Essences, it is important to remember that essences work best with consistent use over time.

Essences are all about creating balance. When there is stress or trauma, illness or injury (including aging and stress accumulation), your pet's energy can become imbalanced, making it more difficult for him or her to recover and strengthen. Shanti Kai™ Hawaiian Flower and Gemstone Essences work on the subtle energy bodies of your pet and affect the physical body as a downstream event. Because our essences are vibrational, they do not pose the risk of allergy or overdose and are perfectly safe and easy to use.

Should I get Sprays or Drops?

If your animal is generally healthy and you just want the essence to use as a cat or dog calming tool, then you may want to go with the drops.

Drops can be taken orally as indicated on the bottle label (and elaborated on the brochure). In some cases if there is increased or prolonged stress then you may choose to use acute dosage, which is when you give the pet the indicated amount at regular intervals (say every 15 or 30 minutes apart depending on level of need) until the animal stress response

has improved.

If your pet is aging or has a known problem such as arthritis, kidney issues, thyroid, lung problems etc., then you may choose to treat the animal's energy field on a regular basis at least twice a day (or in some cases as needed or desired) with a spray. Simply spray as directed on the bottle/brochure and also over any problem areas.



How Should I Use the Essence on my Animal ?



When using the Dropper, 12 drops may be added to the animal's water bowl, applied topically along the outer flap of the inside of the ear or to the scalp or under chin and rubbed in. For the latter two, simply move fur away and add a few drops directly so it gets into the skin.

When using the spray, 4-6 sprays 2x/day or as needed or desired. Spray along spine and over kidneys, top of head and neck. Can also spray over areas of concern or around general aura of the animal. Works best when used consistently over time. May also use acutely at regular time intervals (every 15, 30, or 60 minutes) during times of stress.

NOTE: It is important to consider diet, exercise, water intake and other factors when using essences.

Note that a pet reading with Shanti Kai may help you determine areas where your animal's energy field is weakened, as these would be ideal areas to spray (in addition to areas indicated on the bottle).

These have alcohol in them, is it safe for my pet?

Essences, like homeopathic and other herbal remedies have traditionally been made with alcohol as a preservative. Since most animals don't have alcohol addictions, there is little reason to be concerned for this reason. If you are concerned with giving you pet drops orally, you can choose to apply by another manner, such as topically to the ear or on the scalp or diluted in water or on food.

Could my pet be allergic to the ingredients?

Essences are vibrational and therefore do not pose the same threat as do essential oils or remedies with plant matter. One drop of essential oils included in the sprays for calming and strengthening of the olfactory system. Please email the company at info@shantikai.com if you are concerned with the essential oil. All essential oils used have been deemed pet safe and is therapeutic grade.



We encourage you to try the pet essences on yourself first to get a feel for what your pet may feel- remembering animals have more acute senses than humans - spray directly on your forehead or third eye, temples, throat and neck and other areas of tension.